

Dear Fellowship Alumni and Friends,

We said goodbye to Lauren Hansen and Derek Chase and welcomed two new Fellows this past July. Dr Jessie Dickens is from Texas Tech. He arrived in Tahoe mid July to enjoy much needed R & R after residency. He is here with his wife Jennifer and their two children. Dr Michael Schicker is from St Marys in Missouri and comes to Tahoe with his wife Jessica and their two children. I can't believe we just signed an agreement for the 2017-2018 fellowship already. Interviews will be early next year.

As we continue to implement new changes based on the requirements from the ACGME, it is gratifying to see how our teaching faculty continues to step up to meet these changes and embrace new challenges to reinforce their commitment to Graduate Medical Education. We have just established a Graduate Medical Education Committee (GMEC) within Barton Healthcare and will have our first meeting at the end of September. This will encompass not only the Fellow's education but residency and medical students that rotate thru Barton as well. We will institute a Department of Graduate Medical Education in the near future. Barton continues to be extremely committed to expanding graduate medical education. This commitment was strengthened when the Barton Board of Directors recently selected our current CMO, Dr. Clint Purvance, to become the new CEO of Barton upon John Williams retirement. Dr. Purvance was the former DIO and has been very committed and supportive of our Fellowship as well as all other graduate medical education programs. As we congratulate Dr. Purvance we also send out our best wishes and thanks for a job well done to John Williams in his retirement.

My current role as Program Director has expanded to include DIO-Designated Institutional Official for Barton. I can, along with Jennifer Gaston, effectively manage the program and institutional requirements for LTSMF. I am still actively involved with the AOSSM in several ways. I recently finished my term as

one of the two Nevada representatives on the Council of Delegates which helps chart the course of the AOSSM. I am also a member of the AOSSM's ACGME task force. As part of that, I recently was asked to be on a panel regarding the new ACGME fellowship requirements at the Annual Fellowship Directors meeting in Orlando this past July.



Annual Fellowship Directors panel discussion, Orlando, FL

Part of the requirement of the fellows is to actively participate in outside team sports and provide medical coverage for sporting and recreational events in and around Tahoe. As you can see with this Newsletter, our Attendings and Fellows have exceeded that requirement with flying colors.

Wishing all of you the best in the coming year,

Sincerely,

Keith R. Swanson, M.D.,
DIO and Program Director

Keith Swanson, MD
Program Director
Designated Institutional Official

Rob Rupp, MD
Co-Director, Educational Director

Steve Bannar, MD

Jeff Cummings, MD

Terrence Orr, MD

Dan Robertson, MD

Roger Rogalski, MD

Kyle Swanson, MD

Randy Watson, MD, Emeritus

Edward Tapper, MD, Emeritus

Britta Swanson, PhD
Research Coordinator

Jennifer Gaston
Fellowship Coordinator
Institutional Coordinator

**Lake Tahoe
Sports Medicine
Fellowship**
Barton Health

P.O. Box 11889
212 Elks Point Rd., Ste. 200
Zephyr Cove, NV 89448

Upcoming Fellows - August 2016

Daniel Leigey, MD

Education:

Residency: University of Pittsburg Medical Center
Medical School: University of Pittsburg
BS: University of Pittsburg

Judd Allen, MD

Education:

Residency: University of Oklahoma Health Science Center
Medical School: St. Louis University School of Medicine
BS: Brigham Young University

Saying Goodbye... and Good Luck



We said goodbye to Lauren Hansen and Derek Chase on July 31. Dr. Hansen will be practicing at Summit Orthopedic Specialists in Grass Valley, CA, and Dr. Chase will be at Northwest Medical Center in St. Abans, VT.

From left to right: Derek Chase, Lauren Hansen, Dr. Robert Rupp at the Medical Staff meeting at Edgewood, July 2015.

Support the Fellowship

**Your tax-deductible donation will help us
continue to grow...**

Please mail your donation to:

Lake Tahoe Sports Medicine Fellowship
Attn: Jennifer Gaston
P.O. Box 11889
Zephyr Cove, NV 89448

<http://laketahoesportsmed.com/fellowship>
email: jennifergaston54@hotmail.com

If you would like to designate your donation to be used for a specific purpose, i.e. research, to attend a conference, etc., please let us know.



Fellows travel with the U.S. Alpine Ski Team

Jessie Dickens, MD had a chance to travel to New Zealand with the Mens' US Alpine Ski Team providing medical support for the team.



Drew Duffy about to start a training run at Lake Ohau, New Zealand.



Jessie Dickens, MD with US Ski team member Addison Divoracek at Lake Ohau, New Zealand.



Jessie Dickens, MD, with US Alpine Ski Team members River Radamus (left) and Drew Duffy (right) at Lake Ohau, New Zealand.

Welcome New Fellows August 2015

Mike Schicker, DO (left) comes to us from St. Mary's Medical Center in Blue Springs, MO. He went to medical school at Kansas City University of Medicine and Biosciences in Kansas City, MO.

"It's hard to describe the level of excitement I had when I learned I would be coming to Lake Tahoe for my fellowship year. It has to be one of the most beautiful places in the world. Upon arriving it was very apparent the orthopedic doctors here have an amazing reputation for excellence of care here in the community and throughout the West. The operative experience here is very hands on, high volume, and centered around the fellows. I feel extremely fortunate to train and "play" in such an incredible place. I can't wait to see what the rest of the year has to offer and explore Tahoe!"

Jessie Dickens, MD (right) comes to us from Texas Tech University Health Science Center in Lubbock, TX. He went to medical school at University of Texas, Southwestern in Dallas, TX.

"I first visited Lake Tahoe 14 years ago and thought this must be the most beautiful place on earth. I remember saying how great it would be to live here and get to do the two things I like most, water skiing and snow skiing. As luck has it, Lake Tahoe happens to also be home to a great sports fellowship program. Tahoe is paradise to both the athlete and those that like to be active. Unfortunately, injuries happen to active people which affords an opportunity for great orthopedic training. Lake Tahoe Orthopedics was an easy choice to make when choosing a fellowship. It offers a variety of patients, excellent faculty, and in a setting unlike anywhere in the world."



Lake Tahoe hosts 'Primal Quest' Adventure Race

More than 20 orthopedic doctors, nurses, athletic trainers, and physical therapists from Tahoe Center for Orthopedics volunteered to provide medical care for *Primal Quest Lake Tahoe*. This non-stop, unsupported race spanned more than 500 miles of rugged terrain throughout the Sierra Nevada. In co-ed teams of four, endurance racers used advanced navigation skills to determine their route while trekking, mountain biking, flat water paddling, river paddling, ascending and rappelling, and caving.

The first team (Team GODZone from New Zealand) finished in less than eight days while race organizers and the medical support team remained on the course until the tenth race day, August 28. Medical volunteers were available 24 hours a day camping at transition areas,

sleeping on the road, and having go-packs ready to help racers seeking medical attention on the trail.

Orthopedic surgeon Dr. Stephen Bannar was selected as *Primal Quest's* co-medical director and Barton Health nurse Khristy Gavigan, RN, was the *Primal Quest* Medical Coordinator and responsible for medical staffing and care logistics. New Fellows, Mike Schicker and Jessie Dickens assisted teams as they came across the finish line in Kings Beach.

A big thank you to the TCO's sports medicine specialists for volunteering their time to support these elite athletes. TCO staff and physicians support many local events, but this is by far Barton's longest and largest event.



Dr. Bannar and Amy Wallace, an occupational therapist at Barton Health, assess a finger injury



Khristy Gavigan, RN, assists a racer who ran into a patch of barbed wire.



What causes vertigo? For this *Primal Quest* racer, it was a moth in his ear! Dr. Bannar went through several gallons of water solution to get the critter out.

Research Update

Our Attendings, Research Coordinator, and former Fellows have a research paper accepted in the **American Journal of Orthopedics**, "Clinical and Sonographic Evaluation of the

Bicortical Button for Proximal Biceps Tenodesis", Meadows, JR; Diesselhorst, Matthew; Finnoff, Jonathan T.; Swanson, Britta L.; Swanson, Kyle E. **Congratulations to all!**

Dr. Kyle Swanson honored at Minden Air Show

Military veterans of all ages were honored at the 5th Annual Aviation Roundup on August 22 and 23, 2015 at the Minden-Tahoe Airport. Among the veterans that were recognized was Dr. Kyle Swanson, an orthopedic surgeon with Tahoe Orthopedics & Sports Medicine in Carson City and Lake Tahoe. Dr. Swanson, an Army veteran, served in Operation Enduring Freedom in Afghanistan where he performed surgeries to treat soldiers and Afghan civilians injured during the conflict of war.

"Performing surgery in combat zones makes you a better physician. You are working in an uncontrolled environment and treating unpredictable injuries," Dr. Kyle Swanson said.

Veterans who served in World War II, Korea, Vietnam, Bosnia and Afghanistan were recognized alongside Dr. Kyle Swanson during a special ceremony at Sunday's event.

"It is an honor to be recognized, but it is the soldiers fighting on the frontline who deserve to be recognized for the sacrifices they and their families have made," Dr. Kyle Swanson said. "As a country, we need to make it a priority to support our soldiers when they return from war and thank them for their service."



Kyle Swanson, far right