

A Letter from our Program Director

Fellowship Faculty

Spring 2015

Dear Fellowship Alumni and Friends,

There is a saying in life (and orthopedics) that you should always expect the unexpected. That saying definitely applied to the situation I found myself in a little over a month ago when I went in for what I expected to be a routine cardiac angiogram (my 3rd in the last 15 years) for what I thought would be placement of a few more stents to help my symptoms of shortness of breath. I went in at 8am for the procedure and woke up at 8pm with a very sore chest and tubes in every orifice! I had had a double bypass to fix a 95% blockage of my main left coronary artery! I can say without a doubt that I am the grateful recipient of some amazing treatment by Dr. Todd Chapman's and Dr. David Baker's team of cardiac caregivers. I am back to work and feel so much better than before my surgery. I want to thank everyone for their kind thoughts and concerns during the past month.

Jennifer Gaston and I just returned from the annual ACGME educational conference in San Diego. It was particularly informative in regards to the committees we need to establish as part of the Next Accreditation System for the program and institution.

Barton has also officially been notified of their accreditation as a Level III trauma center by the American College of Surgeons. This has no direct effect on the Fellowship, but is definitely a feather in Barton's cap as there are very few hospitals in California or Nevada which have achieved that classification. We also have general surgery residents from UC Davis rotating through Barton for some experience with our DeVinci robot. University of Nevada School of Medicine students also rotate through our facility on a regular basis. All of these educational activities only enhance the level of patient care at Barton. So, kudos to all the members of the medical staff who devote

their time and talent to educating the next generation of physicians. I would like to specifically mention our CMO Dr. Clint Purvance, general surgeon Dr Kim Evans, and our Fellowship faculty for their dedication to teaching these young physicians. Teaching and sharing our knowledge with our colleagues is part and parcel to our profession.

Our current fellows, Lauren Hansen and Derek Chase are now on the downhill side of their fellowships as they begin their last 6 months. They are both living up to the high standards that you all set before them. We just finished interviewing 23 men and women for positions in the 2016-17 fellowship year. They were all very impressive and well qualified for the positions. The Match will decide! I wish you Godspeed, continued good health, and success. I am very glad to be back!

Warmest regards,



Keith R. Swanson, MD
Program Director



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Program Director

Rob Rupp, MD
Co-Director, Educational Director

Steve Bannar, MD

Jeff Cummings, MD

Terrence Orr, MD

Dan Robertson, MD

Roger Rogalski, MD

Kyle Swanson, MD

Randy Watson, MD, Emeritus

Edward Tapper, MD, Emeritus

Clint Purvance, MD
Designated Institutional Official

Britta Swanson, PhD
Research Coordinator

Jennifer Gaston
Fellowship Coordinator

Welcome New Fellows August 2015

Jesse Dickens, MD

Jesse comes to us from a residency program at Texas Tech University. He received his Masters Degree and attended medical school at University of Texas, Southwestern, where he majored in Electrical Engineering. He did his undergraduate work at Texas A and M.

Michael Schicker, DO

Michael comes to us from his residency program at St. Marys Medical Center in Blue Springs, Missouri. He attended medical school at Kansas City University, and did his undergraduate work at Drury College, Springfield, Missouri.

Surgical Skills Training

In our continuing effort to provide the most up-to-date skills to our fellows, we have, on a regular basis, Cadaver Labs at the Lake Tahoe Surgery Center, and Anatomy Labs in our new Surgical Skills



Shoulder Cadaver Lab
provided by Smith and Nephew

Lab in the Zephyr Cove office. There is always at least one attending conducting these labs. We let the fellows choose what body part they are most interested in receiving additional skills in. Our last Cadaver Lab was on 'Knees' March 20 at the Surgery Center. Our Anatomy Labs are attended by local Physical and Occupational Therapists and students from South Tahoe High School who are enrolled in the STHS Sports Medicine Program.



Shoulder Anatomy lab

Support the Fellowship

Your tax-deductible donation will help us continue to grow...

Please mail your donation to:

Lake Tahoe Sports Medicine Fellowship
Attn: Jennifer Gaston
P.O. Box 11889
Zephyr Cove, NV 89448

<http://laketahoesportsmed.com/fellowship>
email: jennifergaston54@hotmail.com

If you would like to designate your donation to be used for a specific purpose, i.e. research, to attend a conference, etc., please let us know.


**Lake Tahoe
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Barton Health

P.O. Box 11889
212 Elks Point Rd., Ste. 200
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Fellows travel with the U.S. Ski Team

Derek Chase had the opportunity to travel with the Women's Alpine Tech Team (Slalom/GS) to Saas Fee, Switzerland and Sölden, Austria in October 2014.

Members of the team included: Mikaela Shiffrin, Paula Moltzan, Lila Lapanja, and Resi Stiegler. Luckily Derek only had to tend to minor lacerations!



The women's team on one of their training days.



Derek on the mountain with his medical pack.

USAA Medical Emergencies in Skiing and Snowboarding (MESS)

In December, 2014, Lauren Hansen and Derek Chase had the opportunity to go to Beaver Creek, Colorado, to attend the MESS course for Medical Care Providers for the US Ski and Snowboard Teams.

This three-day extensive course included topics such as Head Injury, Conscious Chest Trauma, Spinal Injury, Dental Emergencies, Concussions, and



Surgical Airway Management. They also had a chance to do mock drills on the mountain including splinting, dislocations, uncontrolled bleeding, and head trauma.

This course will prove invaluable to our fellows as they continue to cover the US Ski and Snowboard teams around the world.

Lauren Hansen and Derek Chase with crew

New Physician Joins Tahoe Sports Medicine



Alison Ganong, MD

Barton Health is pleased to announce that Alison Ganong, MD has joined Tahoe Orthopedics and Sports Medicine. She has already started working with the fellows on a monthly basis.

Dr. Ganong is a board-certified physical medicine and rehabilitation physician. She specializes in interventional

sports medicine and spine care. This includes traditional and alternative treatments and the non-operative management of sports or occupational related orthopedic and spine injuries.

Dr. Ganong is a Tahoe native and most recently practiced as a Sports Medicine and Spine Physiatrist at North Tahoe Orthopedics. She attended the University of Nevada School of Medicine in Reno and completed her residency at the UC Davis Medical Center in Sacramento.

Spotlight on Barton...

Barton Hospital Achieves Level III Trauma Center Designation

Barton Memorial Hospital has been designated a Level III trauma center by El Dorado County. This makes Barton Hospital the only trauma center in the Lake Tahoe, Truckee, and Carson Valley region.

This designation recognizes Barton Hospital as a critical access point where patients will receive an increase in depth and speed of care. Unlike other hospital facilities, trauma centers guarantee the resources for trauma care and the immediate availability of emergency medicine physicians, surgeons, nurses, lab, and x-ray technicians, and life support equipment 24-hours a day.

"This achievement reaffirms the commitment our physicians, nurses, and staff have made to provide top-notch services to our community, including our most severely injured patients," said Dr. Clint Purvance, Barton's Chief Medical Officer. "We are equipped to stabilize any injury and, in most cases, comprehensively treat patients at the hospital."

Trauma designation is a rigorous, but voluntary process. Verified Level III trauma centers must meet, at a minimum, more than 160 different essential criteria established by the Committee on Trauma (COT) of the American College of Surgeons (ACS). All trauma designations require consultation and verification visits, education requirements, and certification procedure. The facility designation is then

certified by a local authorized entity. El Dorado County designated Barton Memorial Hospital on January 27, 2015.

"We have expanded our care team and our staff have undergone extensive emergency medicine training," said Dr. Purvance. "It has been a lengthy process, and it is an honor to be distinguished as one of only a handful of trauma hospitals in northern California."

Currently, there are 51 verified trauma centers in California. Only four Level III facilities in California are verified by the ACS, including two in El Dorado County (Barton Memorial Hospital and Marshall Medical Center).

"As a designated trauma center, we not only treat severe injuries, but we also strive to keep people out of the Emergency Department," said Cate Neal, Barton's Trauma Program Coordinator at Barton Hospital. "In an ongoing effort to keep our community healthy and safe, we are expanding our community outreach and injury prevention programs."

Injury prevention programs will be incorporated into a patient's treatment plan. Programs include concussion awareness, alcohol prevention outreach, and physical therapy. Neal says, "the hope is to create an effective follow-up plan for each patient's unique needs and, ultimately, reduce life-threatening incidents in our community."

Fellowship Interviews

We have just completed the interview process for the 2016-2017 Fellowship rotation. We interviewed 23 outstanding candidates and tied a record with 85 applicants. Doctors were from coast to coast and even Canada. We will not know who the lucky two applicants will be until April 9. We had three interview days and afterwards the fellows and some attendings took some of the applicants skiing at Heavenly!

Fellows applicants skiing at Heavenly



Fellows travel with the U.S. Ski Team

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